



DECEMBER

DELIVERY HOURS BETWEEN 11AM-1PM

	MONDAY December 10	TUESDAY December 11	WEDNESDAY December 12	THURSDAY December 13	FRIDAY December 14
Entrée (Please Circle One)	Seafood Fettuccini Alfredo Or Grilled Rachel Sandwich	Orange Glazed Roast Pork Or Turkey Burger on a Bun	Turkey Lasagna Garlic Bread Or Honey Glazed Chicken Oven Roasted Potatoes	Beef Stroganoff Or Hamburger on a Bun	Lemon Pepper Fish Or Hot Roast Beef Sandwich
Side Dishes	Parslied Potatoes Peas & Carrots	Sweet Potato Casserole Green Beans	Broccoli	Mashed Potatoes Sliced Carrots	Egg Noodles Green Beans
Dessert (Please Circle One)	Pound Cake Or Crushed Pineapple	Apple Pie Or Mandarin Oranges	Angel Food Cake Or Tropical Fruit	Gelatin Poke Cake Or Fruit Cocktail	Lemon Meringue Pie Or Chilled Pears
Evening Meal	Chicken Salad on Wheat Tossed Salad Fresh Fruit	Egg Salad on Wheat Lettuce & Tomato Cranberry Waldorf Salad Fresh Fruit	Pastrami on Sourdough Lettuce & Tomato Marinated Tomato Salad Fresh Fruit	Turkey and Cheese on Croissant Lettuce & Tomato Cole Slaw Fresh Fruit	Ham and American on Wheat Tossed Salad Fresh Fruit

____ (# of days) X \$15.50 = ____
 ____ Weekly rate for five deliveries per week = \$67.50
 ____ Yes, I would like milk with my meal (\$.60/day for 2 milks) = ____

TOTAL: _____

Norwood Seniors Network

Reshaping Aging®

A non-for-profit organization serving seniors in their homes since 1994

(773) 631-5673



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	MONDAY December 17	TUESDAY December 18	WEDNESDAY December 19	THURSDAY December 20	FRIDAY December 21
Entrée (Please Circle One)	Reuben Sandwich Or Chicken Tenders	Swedish Meatballs Or Baked Ham	Breaded Shrimp French Fries Or Spaghetti & Meat Sauce Garlic Bread	Hot Beef Sandwich w/ Gravy Or Baked Chicken Breast	Roast Turkey Or Baked Ham
Side Dishes	French Fries Green Bean & Cheese Bake	Egg Noodles Herbed Diced Beets	 Sliced Carrots	Tater Tots Green Beans	Mashed Potatoes & Gravy Peas
Dessert (Please Circle One)	Strawberry Rhubarb Pie Or Fruit Cocktail	Apple Brown Betty Or Chilled Apricots	Tapioca Pudding Or Chilled Pears	Peach Pie Or Mandarin Oranges	Pumpkin Pie Or Chilled Pineapple
Evening Meal	Tuna Salad on Croissant Lettuce and Tomato Potato Salad Fresh Fruit	Turkey & Swiss on Wheat Lettuce and Tomato Coleslaw Fresh Fruit	Corned Beef & Swiss on Rye Lettuce and Tomato Macaroni Salad Fresh Fruit	Ham & Cheese on Wheat Lettuce and Tomato Cranberry Waldorf Salad Fresh Fruit	Bologna on White Cranberry Sauce Tossed Salad Fresh Fruit

_____ (# of days) X \$15.50 = _____
 _____ Weekly rate for five deliveries per week = \$67.50
 _____ Yes, I would like milk with my meal (\$.60/day for 2 milks) = _____
 TOTAL: _____

Norwood Seniors Network home delivered meals are made in one main production kitchen, so we cannot guarantee that food will be produced separately. Norwood Seniors Network cannot be held responsible for any issues resulting from food allergies.

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DELIVERY HOURS BETWEEN 11AM-1PM

	MONDAY December 24	TUESDAY December 25	WEDNESDAY December 26	THURSDAY December 27	FRIDAY December 28
Entrée (Please Circle One)		MERRY CHRISTMAS NO MEAL DELIVERY TODAY	Tuna Noodle Casserole Or Rancher's Chicken Breast	Roast Turkey Or Glazed Ham	Baked Pork Chop Or Italian Baked Fish
Side Dishes	MERRY CHRISTMAS NO MEAL DELIVERY TODAY		Mashed Potatoes & Gravy Peas	Country Potatoes Green Beans	Brown Rice Pilaf Broccoli
Dessert (Please Circle One)		ORDER EXTRA MEALS ON YOUR MENU FOR FRIDAY DEC. 21 ST	Brownie Or Mandarin Oranges	Oatmeal Cookies Or Chilled Pineapple	Chocolate Pudding Or Chilled Apricots
Evening Meal	ORDER EXTRA MEALS ON YOUR MENU FOR FRIDAY DEC. 21ST		Ham & Swiss on Wheat Tossed Salad Fresh Fruit	Tuna Salad on Croissant Lettuce and Tomato Macaroni Salad Fresh Fruit	Turkey & Cheese on Wheat Lettuce and Tomato Potato Salad Fresh Fruit

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